

Do You Have a Health Story to Share?

It's one thing to discuss health and safety issues in general. But isn't it usually more helpful when you learn about something specific someone else has experienced?

Do you have a health-related experience involving your child that you would like to share with other readers of *Baltimore's Child*? It could be any concern—from how you found out what was causing your baby's eczema to how you saved your child from a near-fatal "dry drowning" incident.

Send us a summary of your family's medical tale and how it was resolved in 200 words or less. If we choose your story, we will contact you for an interview to be featured in an article in an upcoming issue. We will also take a photo of you and your child to run with the article.

Email your submission to Dianne@BaltimoresChild.com, and label it "Medical Moment" in the subject line. Or, mail it to Medical Moment, c/o Baltimore's Child, 11 Dutton Ct., Baltimore, Md. 21228.



Organize Your Purse with Pouchee

Designed by a mom who hates hunting for stuff in her purse, **Pouchee, the Ultimate Purse Organizer**, fits inside large handbags and totes to keep all those small but essential items easily accessible.

Available in dozens of bright, rich colors, in "Outback" leatherette or 100 percent cotton, the pouch is topped with handy metal-tone rings for ease in changing purses and bags. Nine outside pockets hold pens, sunglasses, a mobile phone, credit cards, and keys. The two inside pockets are perfect for lipsticks or a small flashlight, with a zippered pocket for change or personal items. Inside dividers keep everything organized with a strong magnetic-snap closure.

Pouchee is available online, at www.pouchee.com.



A Diaper Bag Fit for a Queen!



Looking for the best combination of affordability, functionality, and style in a diaper bag? Then **My Royal Heinie Daypack** is what you want!

This is the only diaper bag equipped with a built-in Smart Wipes Dispenser. Just load a stack of wet wipes into the heat-sealed pocket in the front of the bag, and you can quickly access them with just one hand when diaper duty calls.

The diaper bag can be personalized with a name or monogram. It also has other great

designed personal

.com.

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July 2010

8 Ways to Gear Up for Baby

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er handle
the stroller
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m fatigue
an swing
without
er tasks,
er child
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Easy Stroll is available at specialty baby stores and online, at www.EasyStroll.com.

Help for a Healthy, Butt-Free Harbor

In April, the Waterfront Partnership of Baltimore, Inc., a nonprofit dedicated to improving the maintenance, beautification, and visitor services of Baltimore's waterfront, launched Baltimore's Healthy Harbor strategy—a plan for growing public and private support to make Baltimore's Inner Harbor swimmable and fishable by 2020.

As part of the strategy, the group launched a campaign for a **Healthy, Butt-Free Harbor** by installing ash urns around the waterfront to offer smokers a place to properly dispose of their cigarette butts. In a previous eight-month period, more than 1 million cigarette butts had been collected in the harbor.

"The hundreds of cigarette butts around the waterfront are one rainfall away from entering our harbor," says Laurie Schwartz, executive director of the Waterfront Partnership.

The installation of the new ash cans was the collaborative effort of H&S Properties, General Growth Properties, Baltimore Development Corp., the Baltimore Marriott Waterfront, and the Waterfront Partnership.

For more information about what you can do to help the Healthy Harbor initiative, visit the Waterfront Partnership website, www.waterfrontpartnership.org.



Give Yourself a (Free) Hand

Convenient and simple to use, the **CADDi** is perfect for when you need to carry a hot or icy beverage. Simply slip the CADDi onto a cup, slide it up near the rim, and carry it by its straps. CADDi can be held with just one finger, leaving the rest of your hand free for more important things. The CADDi is environmentally friendly, too, saving the waste of disposable collars and drink trays. It works with standard tapered cups, straws, and domed tops and protects hands from piping hot or icy cold drinks.

Find the CADDi online, at www.getthecaddi.com.